

Highfield Level 2 Award in Introduction to Mental Health Awareness (RQF)

QUALIFICATION NUMBER: 603/5164/0

WHO REQUIRES THIS QUALIFICATION?

The objective of this qualification is to prepare learners to progress to a qualification in another subject area and/or give learners personal growth and engagement in learning, especially in relation to understanding the basic principles of mental health. This qualification can be taken by any learners preparing to enter employment or by those who are already in employment and wish to develop their knowledge of mental health. This is a knowledge-only qualification that provides underpinning knowledge and understanding in relation to mental health, mentally ill health and wellbeing.

WHY A HIGHFIELD QUALIFICATION?

Highfield is the leading provider of regulated compliance qualifications in the UK, certifying over 350,000 learners a year. Highfield currently provides around 70% of all regulated food safety qualifications. We're extremely proud to be a Highfield-approved centre and offer industry-recognised qualifications that will enhance learners' career prospects.

COURSE DATES

Call us on 0121 769 1796 to confirm course dates and availability.



MENTAL HEALTH FACT SHEET



QUALIFICATION TIME IS 5
HOURS, RECOMMENDED 4 GLH



ASSESSED BY MULTIPLE-CHOICE
EXAMINATION

REGULATED BY:

OFQUAL

CCEA

QUALIFICATIONS WALES

WHAT DOES THE QUALIFICATION COVER?

Topics include:

- Mental health and wellbeing
- Effects of mental health
- Mental health continuum
- Self-managing wellbeing
- Self-managing way

WHERE CAN THIS COURSE BE TAKEN?

This qualification can be taken through any Highfield approved training centre.



Highfield

Approved Highfield Centre

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